



*TDOR Resource List –  
Transgender Specific Resources*

**HEALTHCARE**

**The Gender Clinic (San Mateo Medical Center) (for adults)**

- **What:** As a specialty clinic of the San Mateo Medical Center, The Gender Clinic partners with patients, who are experts in their own gender care needs, to provide excellent, evidence-based care, with compassion and respect, allowing patients to identify their own diverse gender identities and needs. The Gender Care team offers the following services: hormone therapy; gender affirming psychological therapy; evaluation for support letters and for gender-affirming surgery; assistance with referrals and insurance authorizations; coordination of care and support with coverage/benefits.
- **Where:** 222 W 39th Ave, San Mateo, CA 94403
- **How to access:** Must be a resident of San Mateo County; Referred by your primary care doctor; AND covered by these insurances: Medi-Cal, MediCare, Health Plan of San Mateo, Healthworx, or ACE (for those who don't have current/valid residence status).
- **Contact:**
  - Chris Thibodeaux, 650-573-2521 (non-emergency line) – English and Spanish
  - For more info: <https://bit.ly/smc-gender-clinic>

**UCSF Child and Adolescent Gender Center (for youth)**

- **What:** UCSF's Child and Adolescent Gender Center offers comprehensive medical and psychological care, as well as advocacy and legal support, to transgender, nonbinary and gender-expansive kids. With our program housed within the UCSF Division of Pediatric Endocrinology, we offer the most advanced medical care. If appropriate, treatment may include gonadotropin-releasing hormone agonists, medication that can safely suppress puberty by blocking production of the principal sex hormones, estrogen and testosterone. Fully reversible, this treatment gives young people time to achieve greater self-awareness of their gender identity. For other patients, if appropriate, our experts may administer gender-affirming sex hormones.
- **Where:** 1100 Park Place, San Mateo, CA 94403
- **How to access:** Call the number below to request an appointment. Be sure to have your child's insurance information and medical history available.

- **Contact:**
  - Call (877) 822-4453 to make an appointment. For clinic: 415-502-8942
  - Clinic – <https://www.ucsfbenioffchildrens.org/clinics/child-and-adolescent-gender-center>
  - UCSF Transgender care overview – <https://transcare.ucsf.edu>

## Stanford Pediatric & Adolescent Gender Clinic (for youth)

- **What:** This multidisciplinary clinic provides medical services for gender nonconforming youths and their families in one central location. The expert members of the Gender Clinic team consists of providers from pediatric endocrinology, adolescent medicine, pediatric urology and social services, supporting each child’s or adolescent’s gender identity. All our providers are members of the World Professional Association for Transgender Health (WPATH). Services include help with social, medical and legal transitions. In addition to the core providers, adolescent gynecology, child and adolescent psychiatry, primary care and fertility preservation providers are available in close proximity to the Gender Clinic.
- **Where:** 1195 West Fremont Ave, Sunnyvale, CA 94087
- **How to access:** Call the number below to schedule an appointment. To check insurance coverage - <https://www.stanfordchildrens.org/en/patient-family-resources/insurance-information>.
- **Contact:**
  - Call 650-721-1811, option 1
  - <https://www.stanfordchildrens.org/en/service/gender>

## Planned Parenthood (for Adults)

- **What:** Health care is important for all bodies. Planned Parenthood provides non-judgmental care that is inclusive and respectful of all people and genders. Here is a list of services available to everyone, regardless of gender: Birth control, condoms and safer sex supplies; Hormones for gender transition; Pap smear; PrEP, PEP - Medications to prevent HIV infection; Reproductive health check-ups including cancer screening and blood work; STD testing and treatment; Urinary tract infections testing and treatment.
- **Where:**
  - San Mateo: 29 Baywood Ave, San Mateo, CA 94402
  - South San Francisco: 435 Grand Ave, South San Francisco, CA 94080
  - Redwood City: 2907 El Camino Real, Redwood City, CA 94061
- **How to access:** Call or book an appointment online, using the links below. English, Spanish, and interpretation by phone available for other languages. Health and education services are available at low or no cost, regardless of your insurance or immigration status.
- **Contact:**
  - San Mateo: Call 650-235-7940
    - <https://www.plannedparenthood.org/health-center/california/san-mateo/94402/san-mateo-health-center-4104-90130/lgbtq>
  - South San Francisco: 877-855-7526

- <https://www.plannedparenthood.org/health-center/california/south-san-francisco/94080/south-san-francisco-health-center-4255-90130/lgbtq>
- Redwood City: 650-503-7810
  - <https://www.plannedparenthood.org/health-center/california/redwood-city/94061/redwood-city-health-center-4129-90130/lgbtq>

### **Additional Healthcare Resources:**

- **National Center for Transgender Equality – Health Coverage Guide:** <https://transequality.org/health-coverage-guide>
- **UCSF Transition Roadmap:** <https://transcare.ucsf.edu/transition-roadmap>
- **CA LGBTQ Health & Human Services Network:** <https://californialgbtqhealth.org/resources/faqs>
- **Out 2 Enroll (LGBTQ health coverage support):** <https://out2enroll.org/enrollment-help>
- **Trans health resources, articles, community:** <http://www.trans-health.com>
- **SMC Pride Center & Stanford Trans Talk recordings:** <http://bit.ly/trans-talks-recordings>

## **MENTAL HEALTH**

### **San Mateo County Pride Center (for all ages)**

- **What:** The San Mateo County Pride Center provides high quality, LGBTQ+ affirming mental health services to community members living throughout San Mateo County. Operating as a program of StarVista, the Pride Center works in partnership with Peninsula Family Service and Outlet (a program of Adolescent Counseling Services) to offer robust programs and services to support LGBTQ+ community members of all ages, with specialized programming for youth and older adults. The Pride Center offers education, training, community events, peer support groups, daily programming, clinical therapy, and case management. Clinical services include individual therapy, relationship therapy, family therapy, group therapy, and support with finding housing, job search, navigating resources, and more.
- **Where:** 1021 South El Camino Real, San Mateo, CA 94402
- **How to access:** If you have **Medi-Cal**, please call the ACCESS line to request therapy services at the San Mateo County Pride Center: (800) 686-0101, TDD: (800) 943-2833. If you do not have Medi-Cal, you are eligible for a sliding scale.
- **Contact:**
  - Call the Pride Center Clinical Line: 650-591-0133, x146
  - For more info: [sanmateopride.org/programs/mental-health-services](https://sanmateopride.org/programs/mental-health-services)

### **Outlet, a program of Adolescent Counseling Center (for youth)**

- **What:** Founded in 1997, Outlet empowers Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex, Asexual/Agender + (LGBTQIA+) youth and builds safe and accepting communities through support, education, and advocacy. Outlet envisions a world that embraces, empowers, and celebrates LGBTQIA+ youth. Outlet officially became a program of ACS in 2013.

Outlet is youth-centered, respecting all individuals and honoring their differences. Outlet services support the emotional, physical, and social development of youth as whole individuals.

- **Where:** 643 Bair Island Road, Suite 301, Redwood City, CA 94063
- **How to access:** For information about LGBTQIA+ mental health counseling services or general information about Outlet, please contact the Outlet Program Director, Kae Papula, AMFT: [karla@acs-teens.org](mailto:karla@acs-teens.org) or call 650.424.0852 x 103
- **Contact:**
  - For information about Outlet groups, GSA support, education, consultations, or our partnership with the San Mateo County Pride Center please contact us: [outletprogram@acs-teens.org](mailto:outletprogram@acs-teens.org) or call 650.424.0852 x 107
  - To learn more: <https://www.acs-teens.org/what-we-do/outlet>

### Peninsula Family Service – LGBTQ Senior Peer Counseling (for adults aged 55+)

- **What:** Navigating our advancing years can be challenging, even for those with a strong support network. Now, imagine crossing those same waters alone, without friends or family to turn to for support. Our Peer Counseling program works to ensure no one faces the challenges of aging alone. Specially-trained volunteer counselors provide weekly visits to adults age 55+ to help manage transitions and life changes such as health concerns, mobility issues, caregiver needs, and grief. Special care is taken to connect participants with someone who shares similar life-experiences and perspectives, with programs offered in languages such as English, Mandarin, Spanish, and Tagalog, and to participants who identify as LGBTQIA+.
- **Where:** Individual peer counseling sessions take place weekly over the phone or a zoom conference call. Group sessions are offered in a variety of languages in Daly City, San Mateo, Redwood City, and the Coastsides (In-person sessions will resume at a later time).
- **How to access:** Our Peer Counseling program is open to adults age 55+ who live in San Mateo County. After applying, participants are matched with a volunteer Peer Counselor who often shares a similar background, native language, and life experiences. Participants can choose to join a group session or request one-on-one counseling.
- **Contact:**
  - Call 650-403-4300 x 4322
  - <https://www.peninsulafamilyservice.org/our-programs/older-adult-services/seniorpeercounseling>

### CoastPride (for youth and adults)

- **What:** CoastPride is an organization created by our local community in San Mateo County to improve the support, visibility and awareness of Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) individuals and families. CoastPride embraces allies to create an affirming and welcoming community that nurtures individuals of all ages, ethnicities, cultures, sexual orientation, gender identity, and gender expression to live to their full potential. We believe that together we will continue to make the Coastsides, from Pacifica to Pescadero, a kind and safe place for the LGBTQ+ community at large. Programs offered include: support services for LGBTQ+

teens and caregivers, including support groups for middle/high school youth and parents/caregivers; a community meeting place for diverse youth, adults and community organizations to gather, collaborate, grow and share resources.

- **Where:** 711 Main Street, Half Moon Bay, CA 94019
  - Hours: Mondays 2–6 pm; 2nd and 4th Wednesdays 2–6 pm; Saturdays noon–4 pm
- **How to access:** To attend a support group, first fill out online intake form: <https://coastpride.org/resources/support-groups>. For all other programs, please call or drop-by.
- **Contact:**
  - Call 650-479-1902 or email [contact@coastpride.org](mailto:contact@coastpride.org)
  - For more information: <https://coastpride.org>

## EMPLOYMENT

### Trans Employment Program (for adults)

- **What:** The SF LGBT Center’s Trans Employment Program will support you through every aspect of the job search process and match you with trans friendly employers: from setting a goal and targeting employers, to building outstanding resumes and cover letters, to practicing successful interview techniques, identifying references, and salary negotiations. We are here to help you land the job that is a perfect fit for you. Services include: Career Coaching; Job Search support; Leadership Training and Life Skills classes; Legal services; Networking; and more!
- **Where:** SF LGBT Center, 1800 Market St, San Francisco, CA 94102
- **How to access:** All job search services are free and open to SF Bay Area residents. Call or book an appointment online using the link below.
- **Contact:**
  - Call 415-865-5614 or email [employmentservices@sfcenter.org](mailto:employmentservices@sfcenter.org)
  - For info and to book an appointment: <http://transemploymentprogram.org/about>

### NOVAworks Job Center (for youth and adults)

- **What:** NOVAworks is a nonprofit, federally funded employment and training agency that provides customer-focused workforce development services. NOVAworks services for job seekers are FREE and include: Job-search workshops; Youth@Work job database and other services for youth; Professional development programs. NOVAworks also provides specialized services to specific populations such as veterans, youth, and older workers. NOVAworks is an equal opportunity employer/program; auxiliary aids and services are available upon request to individuals with disabilities. Your time at NOVAworks will begin by speaking with experienced career advisors to discuss your specific needs. Afterward, you will have the opportunity to participate in [workshops](#) that focus on such topics as assessing your career objectives, creating a powerful resumé, learning to network effectively, and understanding how to negotiate for the best possible employment situation. And if your skills are out of date, you may have the opportunity to participate in classroom training at no cost with approved local vendors.

- **Where:**
  - San Mateo: 1777 Borel Place, #500, San Mateo, CA 94402
  - Sunnyvale: 505 W. Olive Ave., #550, Sunnyvale, CA 94086
- **How to access:** To learn more about NOVAworks, contact us at 408-730-7232 to schedule to attend an orientation. Multiple orientation sessions are held each week. For more information: <https://novaworks.org/seeker/getting-started>. Job search tool: <https://myplan.novaworks.org>
- **Contact:**
  - San Mateo: 650-581-0058; [sanmateo@novaworks.org](mailto:sanmateo@novaworks.org)
  - Sunnyvale: 408-730-7232; [sunnyvale@novaworks.org](mailto:sunnyvale@novaworks.org)

### TransCanWork (for adults)

- **What:** TransCanWork (TCW) is a 501(c)(3) nonprofit organization based in Los Angeles, California and is committed to advancing workplace inclusion through innovative training strategies and workforce development. Our tried and true system is based off decades of cumulative experience as transgender leaders working to advance inclusion in the public, private, and non-profit sectors across the country. Services include Guidance, Training, Recruiting, Job Training, Career Support, Jobs Network, and more.
- **Where:** Available to CA residents online.
- **How to access:** Fill out Job Seeker Form online at <https://transcanwork.org/job-seeker-services>.
- **Contact:**
  - Email: [info@transcanwork.org](mailto:info@transcanwork.org) or see more contacts: <https://transcanwork.org/contact-us>
  - For general information: <https://transcanwork.org>

### Additional Employment Resources

- **Transgender Law Center:** <https://transgenderlawcenter.org/resources/employment>
- **Human Rights Campaign (HRC):** <https://www.hrc.org/resources/workplace>
- **Root and Rebound Reentry Legal Hotline:** <https://www.rootandrebound.org/programs/california/reentry-hotline/?sub=ca-bay-area>
  - Call R&R's hotline any Friday from 9am-5pm (PST) at 510-279-4662 for free reentry legal advice!

## HOUSING & SHELTER

### HIP Housing - Home Sharing Program (for adults)

- **What:** HIP Housing empowers families and individuals in San Mateo County to live happier, more independent, and self-sufficient lives through innovative housing and mentoring programs that help break the cycle of poverty and end homelessness. HIP Housing's Home Sharing Program matches home-seekers with home-providers. Home Sharing program includes: Interviewing and

screening applicants; Personal Housing Coordinator; Background search; Facilitation of Living Together Agreement; Referrals to community resources; and Follow up support.

- **Where:**
  - San Mateo: 800 South Claremont Street, #210, San Mateo, CA 94402
  - Redwood City: 2600 Middlefield Road, Redwood City, CA 94063
  - South San Francisco: 601 Grand Ave., South San Francisco, CA 94080
  - Daly City: 350 90th St., #1 Daly City, CA 94015
- **How to access:** Call 650-348-6660 or fill out online inquiry form: <https://hiphousing.org/programs/home-sharing-program>. Home seekers must live, work, or go to school in San Mateo County.
- **Contact:** Call 650-348-6660 to reach the main office. For more information: <https://hiphousing.org>.

### **New Haven Inn (for adults)**

- **What:** NHI is an emergency shelter for LGBTQ+ adults. LifeMoves works with clients to transition them to stable housing. The length of stay is approx. 90 days. NHI provides intensive case management to clients. NHI is an all-gender facility: no part of the facility, including the beds, is separated by gender. All basic necessities are provided to clients. Laundry, showers, hygiene supplies, linens, clothing, are available on site. NHI is a sober environment which provides support surrounding trauma, mental illness and substance abuse as part of daily programming.
- **Where:** Located in San Jose – but not required to be Santa Clara county resident (address is kept confidential to protect safety)
- **How to access:** Referral and eligibility assessment is required. New Haven Inn (NHI) serves up to 20 individuals who self-identify as LGBTQ+. Clients must be homeless or about to become homeless to qualify. Please contact the SMC Pride Center Case Manager, Alex Golding, for support: [alex.golding@sanmateopride.org](mailto:alex.golding@sanmateopride.org) or call/text 650-465-6795.
- **Contact:** Call 408-703-3966 or email [newhavenstaff@lifemoves.org](mailto:newhavenstaff@lifemoves.org).

### **Our Trans Home SF – Bobbi Jean Baker House and Rental Subsidy Program (for adults)**

- **What:** The Bobbi Jean Baker House is an independent living house in the Mission District of San Francisco for transgender, non-binary, gender non-conforming, and intersex individuals experiencing homelessness in the Bay Area, CA with integrated housing case management. Eligibility is determined based on income, current housing situation, willingness to engage in a structured housing case management program, and availability of rooms in the house. The Rental Subsidy Program is a financial assistance program for transgender and non-binary, gender non-conforming and intersex individuals residing in the Bay Area, CA who are at risk of homelessness. Eligibility is determined based on income, rent price, and availability of program funds. If enrolled, income will be verified every three months to determine continued eligibility. The amount of subsidy awarded depends on income and will decrease over time to allow for the program to reach the largest number of those in need.

- **Where:** Our Trans Home is a program of St. James Infirmary located at: 730 Polk St., San Francisco, CA 94109.
- **How to access:** Fill out application form online: <https://www.ourtranshomesf.org>. It is strongly recommended to call to verify your application has been received.
- **Contact:**
  - Call St. James Infirmary to get connected with staff: 415-554-8494
  - Email: [ourtranshome@stjamesinfirmary.org](mailto:ourtranshome@stjamesinfirmary.org)

## Housing Opportunities for Trans Tenants (H.O.T.T.) (for adults)

- **What:** The Transgender District's [Housing Opportunities for Trans Tenants \(H.O.T.T.\) Program](#) is a housing subsidy program whose main goal is to provide equitable, stable, gender affirming and permanent housing opportunities for transgender, gender non-conforming, non-binary, and intersex individuals throughout the Bay Area. HOTT highlights The Transgender District's various program initiatives, which include Tenant Protections, Economic and Workforce Development, Arts and Culture, Culture and Heritage Preservation, Cultural Competency, Land Use, and Trans Empowerment. The program is a partnership with local developer, [Starcity](#). Starcity is a lifestyle brand which provides beautifully designed co-living communities in San Francisco, Oakland, Los Angeles, and Barcelona.
- **Where:** Located online at <https://www.hotthousing.org>.
- **How to access:** Apply online at: <https://www.hotthousing.org/apply>. To be eligible, HOTT recipients must: reside in the SF Bay Area; identify as transgender, gender non-conforming, gender non-binary, or intersex; and provide proof of stable income.
- **Contact:**
  - Fill out contact inquiry form: <https://www.hotthousing.org/contact>

## Additional Housing Resources

- **Transgender Law Center:** <https://transgenderlawcenter.org/resources/employment>
- **Human Rights Campaign (HRC):** <https://www.hrc.org/resources/workplace>
- **Root and Rebound Reentry Legal Hotline:** <https://www.rootandrebound.org/programs/california/reentry-hotline/?sub=ca-bay-area>
  - Call R&R's hotline any Friday from 9am-5pm (PST) at 510-279-4662 for free reentry legal advice!
- **LGBTQ+ and Trans-Inclusive Facebook Housing groups:**
  - [Juanita's List](#)
  - [Gay Area Queer Housing SF Bay Area](#)
  - [Trans\\* and Intersex Housing: SF Bay Area](#)
  - [Affordable Housing for OK People](#)
- **LGBTQ+ Housing posts on Craigslist (SMC):** <http://bit.ly/lgbtq-housing-craigslist>



## LEGAL

### Free Virtual Monthly Legal Name and Gender Change Workshop (for all ages)

- **What:** The San Mateo County Pride Center hosts a FREE monthly Legal Name and Gender Change Workshop for all ages. Workshops are typically held through Zoom the last Wednesday of each month, but subject to change around the holidays so please check the calendar. Meetings are led by our Lead Case Manager, Alex Golding. Together we will review and complete the necessary paperwork for you (or your parents) to file with your local courthouse to legally change your name and/or gender marker. We will also go over the process to update Social Security Cards, DMV License/IDs, Birth Certificates, etc. – There is plenty of time for Q&A and we will do our best to answer any questions you may have.
- **Where:** Virtual meetings through Zoom, last Wednesday of each month.
- **How to access:** RSVP online at: <http://bit.ly/name-and-gender-change-rsvp>. To check out our online name and gender change resource library, download copies of any forms you'll need, and read helpful guides on the process visit: <https://bit.ly/name-and-gender-change-guide>.
- **Contact:** Call Alex 650-465-6795 or email [alex.golding@sanmateopride.org](mailto:alex.golding@sanmateopride.org).

### Transgender Law Center (for all ages)

- **What:** The Transgender Law Center (TLC) is the largest national trans-led organization advocating for a world in which all people are free to define themselves and their futures. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation. From employment and housing discrimination to criminalization and violence, transgender people are often forced to engage with a legal system that wasn't built for us. By maintaining a robust collection of resources and publications, TLC does our best to guide you through some of the more common legal challenges and questions transgender people encounter. If you can't find an answer in our publications, our Legal Help Desk is here to respond to your questions and refer you to other resources and members of our pro bono network for support.
- **Where:** San Francisco Bay Area (Oakland)
- **How to access:** Check out their website for more: <https://transgenderlawcenter.org>.
- **Contact:** Message their legal help desk at <https://transgenderlawcenter.org/resources>

### Oasis Legal – LGBTQ+ Asylum and Immigration Support

- **What:** Oasis Legal Services proudly provides quality legal immigration services to under-represented low-income groups with a focus on LGBTQIA+ communities. By acknowledging, respecting, and honoring their struggles, we empower immigrants so that dignity grows and integrity blooms. We are a nonprofit 501(c)(3) organization providing comprehensive legal services to assist LGBTQIA+ immigrants. Our services include: Screening for immigration relief; Affirmative asylum; Residency; Citizenship; and Family petitions.
- **Where:** 1900 Addison St., Suite 100, Berkeley, CA 94704
- **How to access:** To request a consultation: <https://www.oasislegalservices.org/get-help>

- **Contact:** Call 510-666-6687 or email [info@oasislegalservices.org](mailto:info@oasislegalservices.org). For more information, visit <https://www.oasislegalservices.org>.

## Additional Legal Resources

- **National Center for Transgender Equality – Legal Services Directory:** <https://transequality.org/issues/resources/trans-legal-services-network-directory>
- **Bay Area Legal Aid:** <https://baylegal.org>
- **Legal Aid Society of San Mateo:** <https://www.legalaidsmc.org>

## Social & Community

### Social and Support Groups for Youth

- **San Mateo County Pride Center & Outlet of ACS:**
  - **QTBIPOC Group:** The QTBIPOC Group is a peer support group for LGBTQIA+ identified People of Color ages 14-25. This group is a safe and confidential space to share experiences and is dedicated to exploring, supporting, and educating ourselves and others on the intersectionality of being LGBTQ+ and of Color. This group is English speaking. This group currently meets weekly on Tuesdays from 6-7:30pm on Zoom. To sign up, please fill out the intake form here: [tinyurl.com/OutletIntakeForm](https://tinyurl.com/OutletIntakeForm). Questions? Contact [outletprogram@acs-teens.org](mailto:outletprogram@acs-teens.org) or 650-424-0852 ext. 107.
  - **LGBTQIA+ Drop-in Group:** The LGBTQIA+ Drop In Group is open to LGBTQIA+ youth and their allies ages 10-18 who are interested in connecting and building community through games, activities, and topic discussions. This group meets on Mondays from 4:30pm – 6:00pm via Zoom. For more information or to sign up for this group, please email [outletprogram@acs-teens.org](mailto:outletprogram@acs-teens.org).
  - **Trans Group:** Thursday 6:00-7:30 PM. A peer support group for Trans folks 14-25 who identify as part of the transgender community, or who want to explore their gender identity. This group is a safe and confidential space to share experiences and build positive relationships in a welcoming environment and will include specific trans femme/trans masc breakout spaces. This group is English speaking. To register:
    - **STEP 1:** Complete our [Outlet Social Group Form](#) online.
    - **STEP 2:** Email us at [outletprogram@acs-teens.org](mailto:outletprogram@acs-teens.org). Include which group(s) you're interested in so that the appropriate Outlet Facilitator can contact you.
    - **STEP 3:** An Outlet Facilitator will schedule a brief 10 minute video orientation and answer any questions you have at that point. We look forward to being in community with you!
  - **For more information visit:** <https://www.acs-teens.org/what-we-do/outlet>.

### Social and Support Groups for Adults

- **San Mateo County Pride Center:**

- **Trans Peer Support Group:** The Trans Peer Support Group is a free, safe space open to all Trans\*/GNC/Non-binary community members to share experiences and build connections. This free, drop-in, peer-led support group currently meets on the first Monday of the month from 6:00pm until 7:30pm. It is open to all trans folks ages 18+. This group is currently meeting virtually and pre-registration is required. Please use this link to register to receive your unique link to join the Zoom meeting: <https://tinyurl.com/smcpc-transgroup1>.
- **Queer Women's Group:** The Queer Women's Group is a place where ALL women identifying folks are welcome! Come to meet new people and build community together. This free, drop-in, peer-led social group meets on the fourth Friday of every month from 6:00pm until 7:30pm. It is open to all Queer Women ages 18+. This group is currently meeting virtually and pre-registration is required. Please use this link to register to receive your unique link to join the Zoom meeting: <https://tinyurl.com/smcpc-queerwomxn>.
- **For more information and to see other group offerings, visit:** <https://sanmateopride.org/programs/peer-groups>.

## Additional Social & Community Resources

- **Trans:Thrive (SF Community Health Center):** <https://sfcommunityhealth.org/program/trans-thrive> – Drop-in space, Healthcare services, Peer Support Groups, Digital programming and more!
- **Billy DeFrank Center:** <https://www.defrankcenter.org/virtual-groups> – Offers multiple peer support groups, including a South Bay Transmen, Transmasculine, Nonbinary Group; Nonbinary Group; Transwomen Group, and more. Visit their website for details about all of the groups and how to join.
- **TransFamilies of Silicon Valley:** <https://transfamiliesca.org> – Peer-led support groups for parents and caregivers of transgender, non-binary, and gender expansive children and adults. Please see their website for meeting days and times, or contact [TransFamiliesSV@gmail.com](mailto:TransFamiliesSV@gmail.com).
- **PFLAG San Jose / Peninsula:** <http://www.pflagsanjose.org/meetings.php> – Local chapter of the national organization focused on parents, families, and friends of LGBTQ+ people. They offer multiple peer support groups, including a group for Families of Transgender Youth. Visit their website for details about the peer support group meetings and how to join.
- **LGBTQ Youth Space:** <http://youthspace.org/events> – A resource for lesbian, gay, bisexual, transgender, queer, questioning, and ally youth and young adults ages 13-25 living in Santa Clara County. Their services include counseling and peer groups, including Transformers (trans specific support group) for ages 13-25. See their website and attached graphic for details and how to join.